



Shanna Forrestall

*“Shanna from Louisiana”
Storyteller, Producer*

Tel. 310-744-1598
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Shanna's IMDB
4FC Productions



From captivating real-life tales to the enchantment of fables and myths, Shanna has always been drawn to the power of stories to impart truth.

With over 18 years of experience in the film, TV, and reality TV industry, Shanna utilizes her diverse skill set to craft stories across various mediums. She has produced compelling digital content, including e-books, podcasts, interviews, and mini documentaries for non-profit organizations and corporate entities. Additionally, she has worked on an impressive slate of short and full-length feature projects, collaborating with clients ranging from indie productions to major networks.

Since 2020, Shanna has partnered with Jeff Gold of [My Calm World](#) to write, perform, and produce multiple albums of children's bedtime audio stories, music, and meditations. She has also co-written, produced, and published a collection of original music and video projects spanning various genres under the banner of Fire & Water Music. The MCW/FW workflow also creates ongoing paid employment for neurodiverse individuals that they mentor and train.

Shanna also has multiple original projects in development, with her first feature film in pre-production, set to film in November.

Originally hailing from South Louisiana, Shanna now splits her time primarily between her personal land and studio in Rising Fawn, GA (near Chattanooga, TN) and Los Angeles, CA. However, she travels regularly to India and Europe and her heart remains deeply connected to New Orleans, the city she fondly calls "home".



*Current US Passport & Dual Citizen US/Canada



Shanna Forrestall

Producer, Writer, Development Executive

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“Shanna has a diverse range of relevant experience working worldwide, and an array of talents. She knows how to deliver.”

STORY/DEVELOPMENT/CREATIVE PRODUCER

Has developed, written, produced a variety of story and meditation content for children and adults, as well as several albums of original music with My Calm World and Fire & Water Music since 2020. Currently has multiple feature film and limited series projects in development or pre-production.

WRITER

- Has written for various magazines in the film and fashion industry, currently the Southeast Editor for Fashion Manuscript - delivered digitally and in print in NY/Miami/LA and the Hamptons.
- Has written and developed multiple short and feature films in various genres.

CASTING DIRECTOR

- Has cast multiple short films and is currently casting her first feature to shoot Nov 2024 in Georgia.
- Has also cast talent for multiple reality shows.

TALENT TRAINING

- Has trained actors/non-actors in music & acting performance and for reality television projects.
- Hires & mentors neurodiverse young adults in digital editing, illustration and animation.

DIRECTOR

- Has directed a variety of live events, short films, music video projects and more. Including large scale film & fashion events.

PERFORMER

- Actor, voiceover, storytelling, emcee, model, etc.

EVENT PLANNER

- Has executed a variety of events around the world ranging from small educational art events, to live performances and film festivals.
- Years ago she and her team, a non profit in Baton Rouge, broke the Guinness World Book of Records for the largest Easter Egg Hunt in history.

HUMANITARIAN AID

- Has worked with a variety of non profits ranging from small local units to large international efforts.
- Currently serves on the Board for Art120 (an arts non profit in Chattanooga, TN).



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LOCATION DEVELOPMENT AND MANAGEMENT

- Has operated as a location scout and manager for a diverse slate of projects in the SE US, LA and around the world.
- Has purchased and developed a 3 acre piece of property in Georgia for filming & post production.

EDUCATOR

- Has taught classes in commercial acting, film acting and film production for regional agencies, private clients, educational outlets and more, including recent work with the Film Program at the Seventh Day Adventist University in Collegedale, TN.